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Western Metropolitan Regional Council



Hi << Test First Name >>. Welcome to the September edition of the Western Earth Carers Newsletter. In this issue:

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NEWSFLASH: Congratulations to Heidi Hardisty for winning the 2011 West Australian Government Individual Landcarer Award last week. Heidi is the Friends of Lake Claremont Coordinator, the convenor of the Cockatoo Coalition and a treasured Earth Carer.

Nabilla, Amy & Rebecca

Volunteer of the Month

Sue Conlan

Sue Conlan is one of our longest-standing Earth Carers who regularly helps out at our displays. When we recently set up a fridge worm farm at Wearne House, Sue turned up to help out,



Find us on facebook

Where Earth Carers can share ideas, questions and inspirations.



Regional Waste Service

The WMRC has commenced investigations into a regional waste service for the western suburbs. A business case for regional waste management was prepared which identified a potential \$600,000 per annum saving for the region. Click [here](#) for more information.



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Cancelling phonebooks

In this digital age many people are using online directories and the Yellow Pages and White Pages are consigned directly to the recycling bin. It's now easy to cancel your phone books by

here she is removing the fittings from the back of the fridge.



Earlier this year Sue hosted a 'compost party' in her street and invited us along to talk about recycling. As part of Plastic Free July, Sue organised her daily newspaper to be delivered without plastic wrap.

At work (Royal Perth Hospital) she has initiated a number of programmes to reduce waste, and set-up an environmental team. At RPH plastic saline bottles have been given a second life as battery recycling containers. She also volunteers for the Friends of Mosman Park bushland group.

Thanks Sue, you are an inspiration to us all.

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New School Activities

Earth Carers now have some exciting interactive waste education activities such as the favourite 'worms and wheelie bins human board game' (think 'snakes and ladders'). We have started visiting schools to promote the reduce, reuse, recycle message with our displays and activities. The kids experience fun, hands on learning with a message, and it's lots of fun for all of us. See our [fact sheet](#) describing our activities and links to the curriculum.



We are looking for Earth Carers to come along and help as we spread this important message in the western suburbs. Let us know if you are interested and when you are available and we will tell you when we visit a school near you. Phone Amy on 9384 4003 or send us an [email](#).

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simply
visiting www.directoryselect.com.au.

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Congratulations Subiaco

The City of Subiaco has been recognised as WA's most Sustainable City for 2011. "[Stop. Think. Make the change](#)" is the City's new recycling and waste campaign aimed at changing the habits of residents and businesses. Subiaco also received the Environmental Innovation, Waste Management and Litter Prevention, and Water Conservation awards.

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Community Liaison Meeting

The next WMRC Community Liaison Meeting will be held at 6pm on Thursday 8 September at the Mt Claremont Communit Centre. The purpose is to provide an open forum for information exchange and communication between the WMRC, residents and other stakeholders about the JFR (Jim) McGeough Resource Recovery Facility in Shenton Park.

The 8 September 2011 meeting will also provide stakeholders with an opportunity to discuss the WMRC's investigations into a proposed [regional waste service](#).

Click [here](#) for more details.

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Thank you to our wonderful volunteers!

We want to say a huge thank you to all our volunteers who helped out at our community stalls recently. Here is Claire in our new CFL costume at the Mt Claremont Farmers market!

Free Earth Carers Course

Date: Starts **Thursday 15 September** (5 sessions over 3 weeks)

Location: Western suburbs community centres and facilities.

Programme: Visit our [website](#) to see dates, topics and venues.

Booking: Essential. For registration forms phone 9384 4003 or click [here](#).

The Earth Carers course will unravel the mystery of recycling, provide tips on reducing waste and green cleaning, include a tour of a local landfill and recycling facility and demonstrate composting and worm farming! Meet other likeminded

sustainability enthusiasts. If you have already done the course and enjoyed it, please tell your friends.



A participant said "This Earth Carers course has opened my eyes! It has been extremely informative, entertaining and practical. I feel capable of making great change in my life and in others close to me."

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National Recycling Week

National Recycling Week is from 7-13 November and we are going to make it bigger and better than ever! We are planning three fun events. Our major event will be a Swap-a-lot Extravaganza to swap clothes, toys, books, paint, tools and plants. There will be workshops and entertainment.

When: Saturday 12 November

Time: 9.30 am - 2.00 pm

Where: St Luke's Hall, Mosman Park

We will need lots of volunteers for this event so keep it free!

Also for National Recycling Week, Earth Carers will be screening a movie and organising a tour - details coming soon.

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Other Events and Info

- [Hulbert Street Sustainability Fiesta 24 & 25 Sept](#)
- [CCWA's Environmental Art Award Exhibition 22 Oct - 5 Nov](#)
- [Mosman Park's Garden Competition - entries close 7 Oct](#)
- [Mosman Park's Brunch with the Birds 22 & 23 Oct](#)
- [Perth Green Drinks 4 Oct](#)
- [Swap it Baby - online swap system for baby gear](#)

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Weaving Materials Wanted

One of our Earth Carers, Alison Barrett, is doing a workshop on weaving with recycled material at the Royal Show this year. We are after any kind of materials that can be weaved and twisted, for example fabric scraps, ties, plastic bags, tea-bag strings, etc.

If you have materials to donate, please drop them off at our office at Wearne House, 40 Marine Pde, Cottesloe (Corner of Warton St and Marine Pde, under the striped verandah) before the end of September. Thanks!

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Upcoming Sustainability Events

Sustainable September

As a part of the Grove Library's Sustainable September programme, Amy will be giving a talk and a workshop on Eco Nappies and Women's Products this Saturday . We will be making our own washable menstrual pads; sewing machines and fabric provided!

Date: Saturday 3 September

Time: 1:00 PM - 3.00 PM

Location: Grove Library Community Centre, 1 Leake St, Peppermint Grove

RSVP: 9286 8686

The Grove Library is offering a host of other engaging workshops and activities to inspire you to live, work and play sustainably. Click [here](#) for programme.

Click [here](#) for other Sustainable September events throughout Perth.

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Vego et al- Mosman Park and Subi Vego Wannabes

This months theme is Vege pie and salad. There will be a 10 minute TED talk on Climate change before we start our meal, then Adam (Amy from Earth Carers' partner) will talk about water.

Adam is an avid data collector and has kept records of local rainfall and his household water use both from tank and the mains system. He will share how his family has tried to deal with Perth's limited water and give you food for thought about how you might go about it.

Date: Tuesday 13 September

Time: 7.00 pm - 9.00 pm

Where: Alf Adams Pavillion in Mosman Park - which is in Solomon Street between Victoria and Lochee Street near Camelot.

Email [Jane](#) for more info and to subscribe to their newsletters.

The next Subi Vego Wannabes has 'Red' as its theme - think tomatoes and strawberries! If you would like to subscribe to their newsletter, [email Dianne](#).

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Celebrate Lake Claremont

Come along to Celebrate Lake Claremont at their 3rd annual celebration! Earth Carers will be there with our new activities for kids. There will also be talks on snakes and compost, bird walks and face painting for the kids. Click [here](#) for the flyer.

Date: Sunday 11 September

Time: 10.00 am - 12 pm

Where: Lake Claremont (near the playground on Stirling Road side)

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Sustainable House Day

Sustainable House Day, Sunday 11 September will showcase some of Australia's most sustainable homes to the public as millions of

Australians continue to embrace renewable energy, recycling, and other practices suitable to their lifestyles. There is a house in Subiaco open (pictured left) and Amy is also opening her house in Hamilton Hill (she has been gardening hard for weeks, so come check it out!). Click [here](#) for details and other houses open in Perth.

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Living Smart Facilitators Training

Do you want to introduce Living Smart course in your community? How about learning more about facilitating real behavior change for sustainability? Then come along to this special three day Living Smart Facilitator Training presented by Shani Graham and Tim Darby from Ecoburbia.

Western Earth Carers and member councils regularly host Living Smart courses and there are opportunities to facilitate in the region. If you are an Earth Carer and are interested in the Facilitators Training, please contact us to discuss how we can support you to do the training and take your sustainability journey further.

Date: 14, 15 and 16 October 2011

Where: CUSP – the Curtin University Sustainability Policy Institute, 3 Pakenham Street, Fremantle

For more information, click [here](#).

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Giant Trash and Treasure, Nakura, Kenya Family Project

Earth Carer Jonathan Utting recently volunteered for this [project](#) in Kenya and has asked us all to start saving unwanted household items for this Trash and Treasure.

Date: 5 and 6 November

Venue: North Fremantle Bowling Club

Deliver Goods: 9A Lilly St, South Fremantle or take on the day

More information: Call Susan on 0407402040 or [email](#)

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Our mailing address is:

Western Metropolitan Regional Council

PO Box 47, MOSMAN PARK WA 6912

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