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Western Metropolitan Regional Council



Hi << Test First Name >>

Welcome to the July edition of the Western Earth Carers Newsletter.

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Nabillia, Amy & Rebecca

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## Volunteer of the Month

Fei Ngeow



#### Find us on facebook

Share all your passions, tips and comments with our wonderful Earth Carers network!



#### Help for the Royal Show

We know September feels a long way away, but the Royal Show will be here before we know it! We are looking for YOUR ideas to promote reduce, reuse, recycle. Do you have an idea you can display or photograph so we can use at our stall? Any ideas big or small will help, for example; what you can make a worm farm out of, your best verge collection tips, etc. Give us a call on 9384 4003 or [email](#) us.

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#### Helpers at our Next Earth Carers Course

Our next Earth Carers course starts on 15 September. We would love to have some Earth Carers who have mastered



Here is Fei showing off her beautiful gloves (that used to be socks - great reuse, Fei!). Fei is our Volunteer of the Month, not only because of her cute gloves, but because she impressed us all during the May Earth Carers course with her efforts to encourage her workplace to purchase 100% recycled paper products. She has had to research the options and cost comparisons, present a business case and convince her supervisor it is a good idea. So far so good, now she has the task of persuading her manager. You can do it Fei!

Fei also recycles and composts at home...and encourages her house mates to do the same!

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## Plastic Free July Update

a skill, or researched a topic they are passionate about come and share with our participants. [Let us know](#) if you have mastered the Bokashi bin or done away with the need for your recycling bin!

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### Community Environment Arts Awards and Workshops

CCWA and the City of Perth are proud to present the inaugural Western Australian Environmental Art Awards.

The Awards provide an opportunity for the Western Australian community to develop and exhibit art reflecting the WA environment and key environmental and sustainability themes.

To inspire your creativity, CCWA is hosting a series of five free Community Environmental Art Workshops prior to the art awards.

Click [here](#) for more information.

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### Volunteering WA Survey and Conference

Volunteering WA is undertaking the State of Volunteering in WA in 2011 Report. This research aims to investigate what volunteering looks like in WA in 2011. The survey is for the general public to complete. Click [here](#) to complete the survey.

Volunteering WA is also offering grants to volunteers aged between 18-30 to attend the 14th National Volunteer Conference to be held in Brisbane 9 – 11 November 2011. For more information on the conference click on the [Volunteering Australia](#)



We now have 40 people on the Plastic Free July Challenge! We are getting to the tricky end of the month now, with all our stocks low - time to get creative! Rebecca has managed to take her family plus a herd of 14 year olds for a birthday gathering at Moore River using just two pieces of plastic! And Amy has learnt how to make sourdough crackers, but alas, she has promised her four year old son new textas and icecream after the challenge! How are you going? Let us know on [Facebook](#).

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## Donate Your Bike to Bicycles for Humanity

The recently formed Perth chapter of Bicycles for Humanity wants your old bikes. Two shipping containers full of donated bicycles will be sent to Namibia later this year where they will help to break the cycle of poverty.

Please read the [attached flyer](#) and if you would like to donate your old mountain bikes, bring them to the Challenge Stadium car park on Saturday 30 July between 9-3pm.

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[website](#) and for information on the grant click on the [Volunteering WA website](#).

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### Little Brown Dress Project

Amy recently came across this cute art project - Earth Carers will appreciate the anti consumerist message in it! An American woman wore the same little brown dress for a whole year as a performance art piece. See her [website](#) for a laugh!

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## Upcoming Sustainability Events

### September Earth Carers Course



**Date:** Commences **Thursday 15 September** (five sessions over three weeks)

**Location:** Western suburbs community centres and facilities.

**Programme:** For full details of the programme including date, topics and venues go to our [website](#).

**Booking:** Registrations essential, registration forms available on our [website](#) or call us on 9384 4003.

The Earth Carers course will unravel the mystery of recycling, provide tips on reducing waste and green cleaning, include a tour of a local landfill and recycling facility and let you get your hands dirty composting and worm farming. Come along and meet other likeminded sustainability enthusiasts. If you have already done the course and enjoyed it, please tell your friends. Earth Carers are welcome to come along to any sessions you may have missed previously.

A participant said "This Earth Carers course has opened my eyes! It has been extremely informative, entertaining and practical. I feel capable of making great change in my life and in others close to me."

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## Woodworking Workshops

Woodworking with the amazing Greg Miller is on again for Earth Carers.

Learn how to make a chopping board or a wooden spoon by hand from recycled timber. This is a combined regional council Earth Carer event so there are only five places for each session for WMRC Earth Carers.

Places filling fast!

**When:** Saturday 3 September

**Where:** City Farm, 1 City Farm Place, East Perth

**Times:** Session 1 Chopping board: 8.30 am - 12 pm SHARP  
Session 2 Wooden spoon: 1 pm - 4.30 pm SHARP

**Bookings:** Email [earthcarers@wmrc.wa.gov.au](mailto:earthcarers@wmrc.wa.gov.au) to secure your place.

First preference is for people who have not done this woodworking before. Only requirements are closed in shoes, enthusiasm and a sense of humour.

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## Fridge Worm Farm Set Up

Now that Earth Carers are established in our new office at Wearne House, we think its high time we get our selves a fridge worm farm set up. Fridge worm farms are great for schools, workplaces or even for home - this is Amy setting up her's at home.



If you want to see how it's done, join us for a cuppa and some serious worm business!

**When:** Wednesday 3 August

**Where:** Wearne House, 40 Marine Pde, Cottesloe (WMRC is located under the big verandah)

**Time:** 9.00am

RSVP: [email](#) or call 9384 4003

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